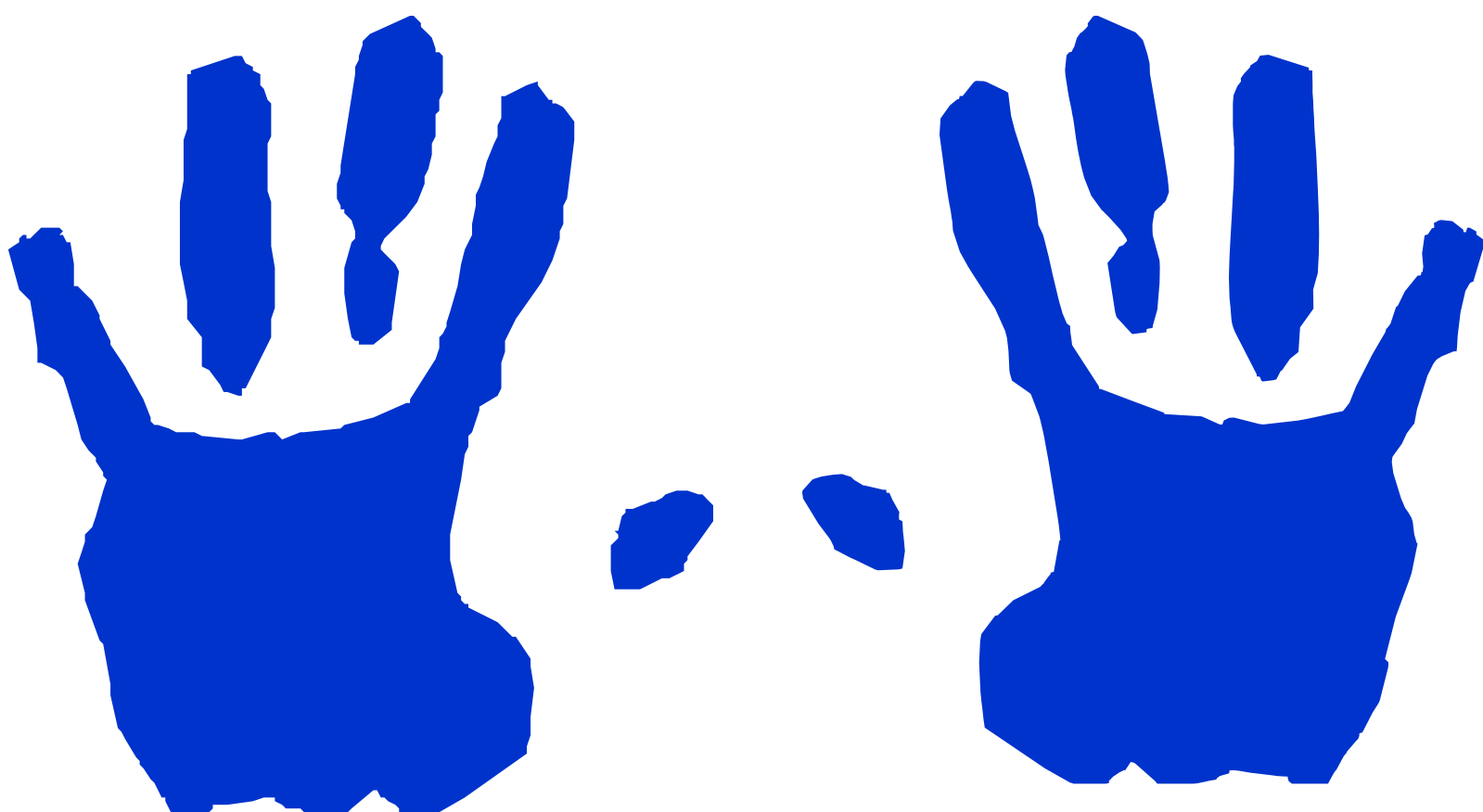




The 10 Most Common Causes of a Cold



Wash Your Hands!



Washing your hands with
soap and water is the best
way to prevent many diseases



**Trident Public
Health District**

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